

COMMUNITY ALCOHOL PREVENTION PROGRAM (CAPP)
A PROGRAM OF THE NEW BEDFORD HEALTH DEPARTMENT



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The City of New Bedford Health Department's **Community Alcohol Prevention Program (CAPP)**, the **Bristol County District Attorney's Office–Underage Drinking Task Force** and many other concerned community partners are reaching out to families across New Bedford. When your family talk together and discuss the issue, you are taking the first step to reducing underage drinking and its dangerous consequences. We are asking you to make a commitment to the health and safety of your family and our community by reading and signing the following pledge. Families talking together about this important issue is the first step in reducing underage drinking and its consequences.

Family Pledge

As a family we agree to the following:

- That underage drinking is a harmful behavior
- That our family will talk about resisting negative peer pressure and encourage healthy decision making around alcohol
- That there are clear rules in our family about not using alcohol
- That I will make an effort to get to know my child's friends/parents and their environment.
- That I will be aware of the events my child may participate in
- That we as a family will have a plan for checking in when we are apart
- That there will not be parties involving alcohol in our home

Further, we plan to do our best to support underage drinking prevention in our family by using this pledge and making it visible in our home...

Sign: _____

If you or any members of your family would like more information, would like to volunteer to help reduce underage drinking in the New Bedford community, please contact Nicholas Charest, CAPP Director, at the New Bedford Health Department:

508-991-6199 X 144 or e-mail Nicholas.Charest@newbedford-ma.gov
Find us on Facebook by searching "New Bedford CAPP"

Working together we can make a positive change a reality in New Bedford, one family at a time.
Thank you for responding to this call to action and taking this important step.